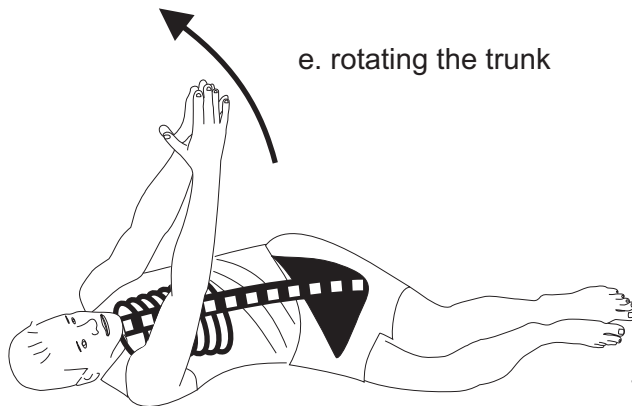
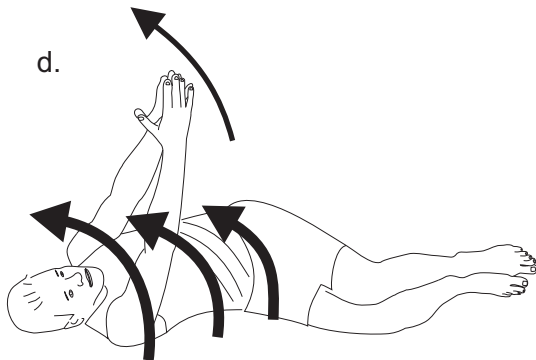
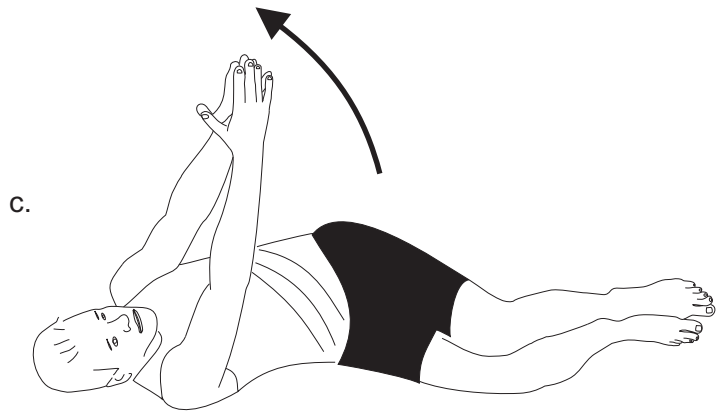
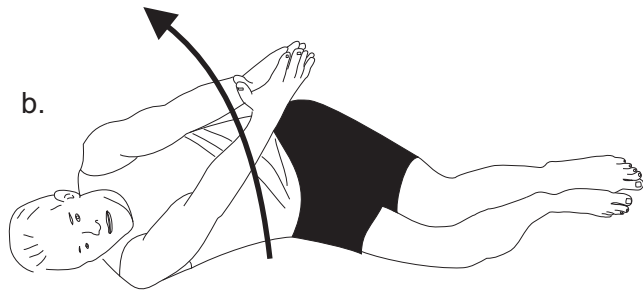
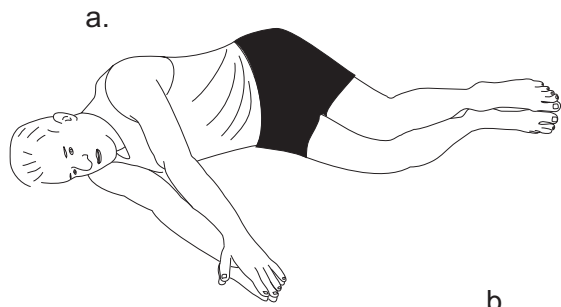
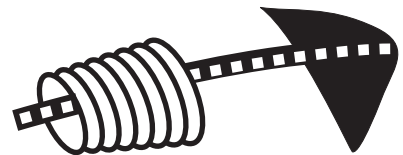


trunk rotation1- double arm raise



f. pelvis, length of spine
as the trunk



trunk side bending in supine2- 'the Rib Cage as a Spring'



“dead bird”

